

Lifestyle

HEALTH & FITNESS SUITE

NO JOINING FEE!
SAVE £25

	PRICE LIST/MEMBERSHIP				DIRECT DEBIT	
	1 year	6 month	3 month	1 month	DD Single	DD Joint
PLATINUM (Aerobics or Cardio included)	£595	£330	£195	£75	£53	£96
GOLD	£380	£230	£125	£55	£35	£64
SILVER	£295	£180	£100	£45	£28	£51
EARLY RISER & WEEKEND	£225	£140	£80	£35	£22	£40.50
AEROBIC OR CARDIO	£370	£220	£115	£50	£34	£62
STANDARD	£100	-	-	-	-	-



First instalment must be paid in full at the Lifestyle Reception. All Direct Debit prices include administration costs and are 12 month contracts. Direct Debit contracts for 12 months subject to management approval. No refunds permitted

STANDARD MEMBERSHIP

Unlimited use of the fitness suite, sauna, steam room, jacuzzi, lounge and leisure pool.

Individual fee: Annual £100 per annum plus cost of sessions for all facilities. Before 4.00pm and weekends £3.40, After 4.00pm Monday - Friday £4.10

DAY SESSIONS (day session 241 at weekends!*)

Use of the fitness suite, sauna, steam room, jacuzzi, lounge and leisure pool during the day of purchase.

Individual fee: £8.00 per session for all facilities (£10.00 including a sun bed)

Student & Senior Citizen rate: £5.00 per session all facilities

*Two people can enjoy a day session together on Saturdays or Sundays and pay just £8.00

HOLIDAY PASS

Unlimited use of fitness suite, sauna, steam room, jacuzzi, lounge and leisure pool for 7 consecutive days.

7 day Membership £27.50, Joint £25.00 per person.

STUDIO CLASSES

Stability Ball, Boxercise, Step and Burn, Circuit, 50+ Keep Fit, Yoga, Power Bars, Aqua Aerobics, and more.

Please see separate leaflet for the Studio Timetable.

One hour classes: £3.20 Members, Non Members £4.00

Combi sessions: Members £4.90, Non Members £6.10

For £2.50 extra enjoy a Sauna, Steam Room and Jacuzzi as well.

CARDIO CYCLING

A highly motivating group class utilising the specially designed LeMond RevMaster stationary bikes.

Please see separate Cardio Cycling timetable, booking is essential.

Cardio Cycling Class: Members £4.00, Non Members £4.70

Book 10 sessions and get 11th session free:

Members £40, Non Members £47



Lifestyle

HEALTH & FITNESS SUITE

FREE
FITNESS ASSESSMENTS
AND INDUCTIONS
WITH SELECTED MEMBERSHIPS

PERSONAL TRAINING

£20.00 for 45 mins. £25 for 1 hour. Book 10 sessions and get 11th session free.

THE SUNBED SUITE

Fast tan showers or sunbeds.

5 minutes: Members £2.50, Non Members £3.00

Book 10 sessions: Members £20, Non Members £24

MEMBERSHIP INFORMATION

Induction: Before using the fitness suite all customers must undergo an induction. Please book at Lifestyle reception. Free assessments and inductions with selected memberships and £12 for non members. Body fat composition analysis £6

Joint Membership: 10% discount applies when two clients from the same address join at the same time. Not to be used in conjunction with any other offer.

Parking: All memberships carry FREE CAR PARKING benefits.

Parking subject to availability during busy periods. 1 permit only per member.

Waves Leisure Pool: Swimming is subject to availability and opening times may be restricted.

Dress Code: For your health & safety and respect of other gym members appropriate exercise attire must be worn at all times. This includes wearing trainers and shirt or vest at all times.

Membership Cards: Lost cards will incur a £2.50 charge for a replacement.

OPENING TIMES

Monday to Friday 7.00am - 9.30pm. Saturday and Sunday 9.00am - 6.00pm.

Bank Holidays 9.00am - 7.00pm. (Early Riser and Weekend members can use until 11am)

Waves Leisure Pool times are displayed at reception

PLEASE NOTE

Information correct at time of going to press. Session times and prices may be subject to change. Right of entry and membership reserved.

Parking is subject to availability during busy periods.

**Riviera International Centre,
Chestnut Avenue, Torquay, TQ2 5LZ**

Booking and information:

01803 206 345

www.rivieracentre.co.uk

